

Applelicious!

The Annapolis Valley's Favourite Fruit at the Wolfville Farmers' Market

	Flavour and Features	Fresh Sauce Cooking			Available
		Snacking & Salads	Pies & Baking	Available	
Cortland	Juicy, crunchy, sweet and low acid Non-browning when cut Great for salads	•••	•••	••	Early October - May
Cox Orange Pippin	Very flavourful, sweet, soft crunch Best eaten shortly after picked	•••	••	•	October - December
"Deep Purple"	Firm, sweet and low acid Early ripening eating apple Dark red skin is high in antioxidants	•••	••	•••	Mid August - September
Gala	Very firm and crisp Fairly sweet and low acid	•••	•	•	Late September - April
Golden Delicious	Juicy, moderately firm Sweet and aromatic Golden yellow to greenish skin	•••	••	•••	Mid October - Early May
Golden Russet	Richly flavoured, juicy and low acid Excellent for cider Stores well Rough greenish yellow skin	•••	•	•	November - May
Gravenstein	Firm, juicy and tart Bluish red with yellow stripes	•••	•••	•••	Mid-September - December
Honeycrisp	Very sweet and aromatic Retains crisp texture when stored Red skin mottled with yellow	•••	•	•••	Late September - May
Ida Red	Firm and juicy Low acid with storage Bright red to burgundy skin	••	••	•••	November - July (best stored until February)
Jonagold	Sweet, aromatic, firm and juicy Excellent dessert apple Yellow skin striped with red	•••	•••	••	Mid October - April

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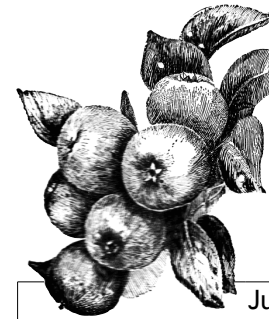


Information gleaned from Wolfville Farmers' Market vendors, NS Fruit Growers' Association publications (nsapples.com), and Wikipedia.

www.wolfvillefarmersmarket.com

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Lobo	Juicy, sweet and soft texture An improved McIntosh Early ripening green eating apple	•••	•••	••	Mid August - September
McIntosh	Juicy, sweet and low acid Browns quickly when cut Distinct perfume-like aroma Bluish red skin	•••	••	•	Late September - June
"Mellow Yellow"	Very sweet and low acid Yellow apple	•••	••	•••	Mid September - March
Novamac	Tart, crisp and tender Dark skin high in antioxidants	••	•••	••	Late September - Late June
Nova Spy	Very crisp flavour and crunch Tart, slightly acidic and aromatic Excellent Cooking Apple Keeps well Striped orange red skin	••	•	•••	September - September
Oberle	Tart, crunchy, crisp Long storing early apple	••	••	•••	Early August - October
Prima	Mild tart taste and crunch Great for cider Tart even when ripe	•••	••	••	Mid September - Late November
Quinte	Firm and crispy Tropical fruit like flavour Early good eating apple	•••	••	••	Mid August - September
Red Delicious	Sweet, aromatic and juicy Deep red colour	•••	•	•	Mid October - August
Red Free	Sweet, slightly spicy and low acid Excellent sauce apple Keeps very well	•••	•••	••	Late August - September
Spartan	Crisp, sweet, low acid Solid dark red colour	••	••	•	Mid October - May

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Apples!

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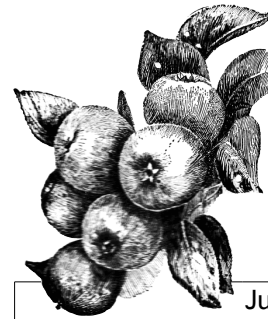
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